

Social & Emotional Learning (SEL) Policy

(For Engineering / Polytechnic Institutions – As per NEP-2020 & AICTE Requirements)

1. Preamble

As envisaged in the **National Education Policy (NEP)-2020**, holistic education integrates academic excellence with social, emotional, ethical, and professional competencies. **[Name of the Engineering / Polytechnic Institute]** recognizes Social and Emotional Learning (SEL) as a core component of technical education and has established an **inbuilt institutional mechanism** to promote emotional intelligence, ethical values, mental well-being, teamwork, leadership, and social responsibility among students.

2. Objectives

The objectives of this SEL Policy are to:

- Enhance **self-awareness, emotional regulation, and resilience**
 - Develop **professional ethics, discipline, and responsible behavior**
 - Promote **communication skills, teamwork, and leadership**, essential for engineers and technicians
 - Support **mental health, stress management, and well-being**
 - Encourage **community engagement and social responsibility**
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3. Scope

This policy is applicable to:

- All students enrolled in **Engineering / Diploma (Polytechnic) programmes**
 - Teaching, mentoring, and administrative staff involved in student development
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4. Inbuilt Mechanism for SEL Implementation

4.1 Faculty Mentoring System

- Each student is allotted a **faculty mentor**
- Regular mentor-mentee interactions focusing on:

- Academic progress
- Emotional and behavioral support
- Professional attitude and discipline
- Early identification of students requiring additional support

4.2 Counselling & Mental Well-Being

- Access to **student counselling services** (in-house or external)
- Guidance on stress, anxiety, academic pressure, and career concerns
- Referral mechanism for professional psychological support when required

4.3 Professional Ethics & Life Skills

- Emphasis on:
 - Engineering ethics
 - Workplace behavior and integrity
 - Safety, responsibility, and accountability
- Life-skills training including communication, teamwork, problem-solving, and leadership

4.4 Yoga, Health & Wellness Activities

- Regular organization of:
 - Yoga and meditation sessions
 - Health awareness and wellness programs
- Promotion of physical fitness and stress-free learning environment

4.5 Community Engagement & Outreach

- Student participation in:
 - **NSS / NCC / social outreach activities**
 - Environmental awareness and community service
- Development of empathy, civic sense, and social responsibility

4.6 Student Grievance Redressal Mechanism

- Functional **Student Grievance Redressal Committee**
- Fair, transparent, and confidential grievance handling
- Ensuring a safe, inclusive, and supportive campus environment

5. Monitoring & Review

- SEL activities are monitored by designated institutional committees
- Periodic review of mentoring, counselling, and wellness initiatives
- Continuous improvement based on student feedback and institutional requirements

6. Alignment with NEP-2020 & AICTE

This policy is aligned with NEP-2020 principles of:

- Holistic and multidisciplinary education
- Character building and ethical development
- Mental health, well-being, and life skills
- Social engagement and responsible citizenship

7. Conclusion

Neotech Institute of Technology and Faculty of Diploma Engineering affirms that Social and Emotional Learning is an integral part of technical education. The institute ensures effective implementation of this policy through structured and continuous mechanisms in compliance with **NEP-2020 and AICTE norms**.



Principal / Director
(Neotech Institute of Technology, Vadodara)

